

OUR FOOD

Our food is fresh and made in-house using the best locally sourced produce.

Our fresh meat is Irish and provided by Traditional Master Butcher Frank Doyle from Bray, County Wicklow. We do not process the meat (no breadcrumbs, preservatives or anything like that is added). We simply take the meat, hand form our burgers and smash them into patties on the grill (no two are the same) whilst cooking on the grill we give it a light sprinkling of salt. It's simple and very tasty.

Our tomato relish is slow-cooked in-house from scratch and is used on our beef, veggie and brekkie burgers.

Our burger buns are made by The Keegan Family Bakers in Bray, County Wicklow. Husband and wife team Kim and Steve are up early baking for us. We love collecting the buns early in the morning the smells in their bakery are amazing and on cold winter days, we're allowed a sneaky warm-up at their ovens.

RECYCLING AND ENVIRONMENT

We're close to nature here in the mountains so we made a decision right from the start to have as low an impact on mother earth as possible. Where possible our disposable cups, lids, plates, cutlery and glasses are made from compostable and biodegradable materials. Some of our consumables look a bit like plastic (for example our cutlery and disposable water glasses) but we go to great lengths and expense to make sure we use the latest biodegradable PLA, sugarcane and compostable recycled material. We even offer a discount on your coffee if you bring your own keep cup.

Our hot water is provided by our wood burning stove which is fuelled from sustainable wood taken from our own forest here in the park



@thegapkitchen



Legendary Burgers
Tasty Treats
Barista Coffee

It's casual here so step up and order from our kitchen counter, we'll give you a number and shout out when your food is ready

In the meantime take a seat, have a chat with your friends, breathe, relax and enjoy being up the mountains away from it all

Note: Remember we cook quality, local, fresh food to order and occasionally during lunch service you may experience some increased "chat time" with friends before getting your grub, you're welcome...

HOT FOOD

HOMEMADE BEEF BURGER (1,2,5,6) **7.95**

Fresh Hand Formed 100% Irish Beef Patty, Homemade Tomato relish, Mustard, Mayo, Pickle, Ketchup, Lettuce & Sautéed Onion

HOMEMADE CHICKEN BURGER (1,2,3) **7.95**

Marinated Fresh Chicken Breast, Mayo, Lettuce, Raw Tomato Salsa, Mild Spicy Mayo

VEGGIE BURGER (1,2,3,4,5,6) **7.95**

Vegetarian 1/4 lb patty crafted with soya protein and vegetarian mozzarella dressed with Homemade Tomato Relish, Mustard, Ketchup, Mayo, Pickle, Lettuce & Sautéed Onion (vegan version also available)

BURGER IN A BOWL(2,5,6) **7.95**

No Bun, Leafy Salad topped with choice of beef patty, chicken breast or veggie burger. It's a bunless burger in a bowl with salad, dressings & relishes on the side.

EXTREME HOT DOG **8.5**

Smothered in Sautéed Onions, Ketchup & Mustard

WINGS **8.5**

Hot n'Spicy or Sticky BBQ

FRENCH FRIES **3.5**

A portion of crunchy French fries

DIPS **50c**

Mayo, Garlic Mayo, Mild Spicy Mayo, American Mustard, Homemade Tomato Relish, Sweet Chillli Sauce, Sticky Barbeque Sauce.

KIDS MEAL & DRINK (under 12's) **7.8**

Kids Beef Burger (plain) with fries

OR

Kids Chicken Burger (plain) with fries

With choice of Drink: Milk / Fruit Juice (apple or orange)

ADD TO YOUR BURGER

Add cheese, (Allergen 4)	1
Add back bacon, (Allergen 6)	1per
Add an egg, (Allergen 2)	1per
Make it a Double Burger	2.5
Add cup of soup	2.5
Add french fries	3.50

BREAKFAST (until 11:30am)

FULL IRISH BREKKIE BURGER **8.5**

(until 11:30am)(1,2,4,6)

Sausage patty, back bacon, fried egg, white pudding, hash brown, homemade tomato relish on a butter toasted bun.

HOT DRINKS

AMERICANO **2.8**

S ESPRESSO,MACCHIATO,CORTADO **2.6**

D ESPRESSO,MACCHIATO,CORTADO **2.8**

CAPPUCCINO, FLAT WHITE, LATTÉ **3**

MOCHA **3.2**

CHAI LATTÉ **3.2**

AFFOGATO **3.3**

HOT CHOCOLATE (Incl Cream, Marshmallows & Flake) **3.5**

TEA **2.2**

HERBAL TEA (peppermint, green tea, camomile, earl grey, rooibos & others, just ask) **2.8**

BABYCCINO **50c**

KID'S HOT CHOCOLATE **2.8**

((Incl Cream, Marshmallows & Flake) (under 12's)

ADD TO YOUR HOT DRINK

Add marshmallows	50c
Add flake	50c
Add Coffee Syrup (Vanilla, Caramel or Hazelnut)	50c
Alternative Milks: (Oat, Almond or Soya Milk)	50c

COLD DRINKS

SOFT DRINKS 330ml **2**

ENERGY DRINKS **2.5**

IRISH MINERAL WATER 500ml Sparkling/Still **1.8**

FRUIT JUICE BOX 200ml (Apple/Orange) **1**

ICE CREAM

ICE CREAM **2.75**

Vanilla ice cream, Cadbury Flake, choice of syrup: Raspberry, Strawberry, Lime, Butterscotch, Chocolate etc.

CAKES

See our counter for selection of sweet tasty treats

Allergen info: (1). Gluten (Wheat, Barley & Oats), (2). Egg, (3). Soy Bean, (4). Milk, (5). Mustard, (6). Sulfur Dioxide & Sulphates (7). Nuts. If you've any Special Dietary Requirements talk to your server.

Note: Gluten Free and Vegan Burger options available just ask